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# Our latest information about nursing and midwifery in the UK

April 2023 to March 2024



# nmc Nursing & Midwifery Council

We are the Nursing and Midwifery Council (NMC).



We keep the list of all the nurses and midwives who can work in the UK.



We also keep the list of all the nursing associates who can work in England.



Nurses help people who are sick, injured or need care.



Midwives help deliver babies.



Nursing associates are health staff who work in nursing teams in England.



This list is called a register.



Every 6 months we look at the information on our register and write a paper about it.



This paper is looking back at the last year.

# Between April 2023 and March 2024

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The number of nurses, midwives and nursing associates on our register grew by just over 37,700.



In total there are just over 826,400 people on our register.



Just over 765,000 are nurses. Just over 44,100 are midwives. Nearly 10,900 are nursing associates and over 6,300 are both nurses and midwives.



Just over 228,700 people have been on our register for 5 years or less.



Just over 123,300 people have been on our register between 5 and 10 years.



Just over 336,700 people have been on our register for between 10 and 30 years.



Nearly 137,700 people have been on our register for more than 30 years.



The number of people who come from the UK went up by just over 11,500. There are now over 636,200 nurses, midwives and nursing associates from the UK.



The number of people on our register who come from Europe went down by 310.



There are now 26,500 people from Europe.



The number of people on our register who came from outside Europe went up to nearly 163,720. That's an increase of just over 26,500 people.



Of those people, 14,615 came from India and 4,435 came from the Philippines.



The number of learning disability nurses went down again by 157.



The number of mental health nurses went up by over 3,500.



Over 550,100 people on our register said they are white.



Over 135,800 said they are Asian.



Just over 99,600 said they are Black.



Almost 7,300 said they are mixed race.



Over 91,600 of nurses, midwives and nursing associates are men.



Just over 734,700 are women.



28 preferred not to say.



Almost 1 in 100 said their gender is not the same as it was when they were born.



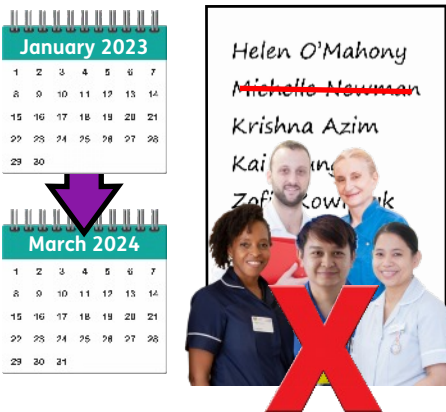
# Why did some people leave our register?



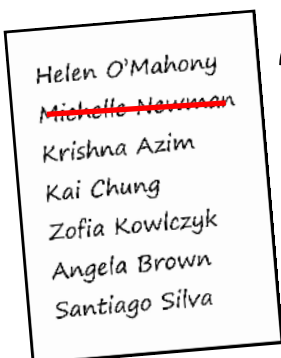
You have to be on our register to work as a nurse or midwife in the UK or a nursing associate in England.



If you leave our register, you cannot do these jobs.



From January 2023 to March 2024 almost 33,000 people left our register.



We asked just over 26,700 people why they left. Over 7,600 people told us.



The first reason people left is because they were older and retired. This was the most common reason.



The second reason was because of physical or mental health.



The third reason was burnout or exhaustion.



Half of the people who left, said they are leaving earlier than planned.



The reasons people gave us were different for different groups.



Almost 5 out of 10 people from the UK said they were retiring. We think this is because they are older.



Almost 4 out of 10 people from Europe said they left our register because they were leaving or have left the UK.



3 out of 10 people from other countries outside Europe said they were most likely to leave because they were also leaving the UK.



Almost 9 out of 10 people said they are unlikely to return to a career as a nurse, midwife or nursing associate in future. But this high number could be because most people are retiring.



Just over 8 out of 10 people leaving the register because of poor mental health, said working as a nurse or midwife had a bad affect on their mental health.

# Covid-19 temporary register



We set up a new register to help during Covid-19. This is separate from our main register.



We asked nurses and midwives who had left in the last 5 years to join.



The temporary register has now closed.



From this, just over 2,500 nurses and midwives joined our main register.

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