# Nursing and Midwifery Council Fitness to Practise Committee

## Substantive Meeting Tuesday, 21 May 2024

Virtual Meeting

Name of Registrant:	Terri Jayne Smith	
NMC PIN	08G2314E	
Part(s) of the register:	Nurses part of the register Sub part 1 RNA: Adult nurse, level 1 (1 September 2008)	
Relevant Location:	Shropshire	
Type of case:	Conviction	
Panel members:	Bryan Hume Claire Martin Sophie Kane	(Chair, Lay member) (Registrant member) (Registrant member)
Legal Assessor:	Neil Feilding	
Hearings Coordinator:	John Kennedy	
Facts proved:	Charge 1	
Fitness to practise:	Impaired	
Sanction:	Striking-off order	
Interim order:	Interim suspension order (18 month)	

## Decision and reasons on service of Notice of Meeting

The panel was informed at the start of this meeting that that the Notice of Meeting had been sent to Miss Smith's registered email address by secure email on 15 April 2024.

The panel accepted the advice of the legal assessor.

The panel took into account that the Notice of Meeting provided details of the allegation, the time, date and venue of the meeting.

In the light of all of the information available, the panel was satisfied that Miss Smith has been served with notice of this meeting in accordance with the requirements of Rules 11A and 34 of the 'Nursing and Midwifery Council (Fitness to Practise) Rules 2004', as amended (the Rules).

## Decision and reasons on application for hearing to be held in private

At the outset of the hearing, the panel decided to hear the entire hearing in private as proper exploration of the case involves references to private family matters. The application was made pursuant to Rule 19 of the 'Nursing and Midwifery Council (Fitness to Practise) Rules 2004', as amended (the Rules).

The legal assessor reminded the panel that while Rule 19(1) provides, as a starting point, that hearings shall be conducted in public, Rule 19(3) states that the panel may hold hearings partly or wholly in private if it is satisfied that this is justified by the interests of any party or by the public interest.

#### **Details of charge**

That you, a registered nurse:

 Were convicted on 26 July 2022 of assault/ill-treat/neglect/abandon a child/young person to cause unnecessary suffering/injury contrary to section 1 (1) (a) of the Children and Young Persons Act 1933. AND in light of the above, your fitness to practise is impaired by reason of your conviction.

## Decision and reasons on facts

The charge concerns Miss Smith's conviction and, having been provided with a copy of the certificate of conviction, the panel finds that the facts are found proved in accordance with Rule 31 (2) and (3). These state:

**'31.** (2) Where a registrant has been convicted of a criminal offence

- (a) a copy of the certificate of conviction, certified by a competent officer of a Court in the United Kingdom
  (or, in Scotland, an extract conviction) shall be conclusive proof of the conviction; and
- (b) the findings of fact upon which the conviction is based shall be admissible as proof of those facts.
- (3) The only evidence which may be adduced by the registrant in rebuttal of a conviction certified or extracted in accordance with paragraph (2)(a) is evidence for the purpose of proving that she is not the person referred to in the certificate or extract.'

## Background

The charges arose whilst Miss Smith was employed as a registered nurse.

On 26 July 2022 Miss Smith was convicted of assault/illtreatment/neglect/abandon a child/young person to cause unnecessary suffering/injury at Telford Magistrates' Court having pleaded guilty.

Miss Smith was sentenced on 26 April 2023 at the Crown Court in Shrewsbury to an 18 month Community Order, [PRIVATE].

On 27 April 2022 the Disclosure and barring Service (DBS) added Miss Smith to the barring list for children and adults.

#### **Fitness to practise**

Having announced its findings on the facts, the panel then considered whether, on the basis of the facts found proved, Miss Smith's fitness to practise is currently impaired by reason of Miss Smith's conviction. There is no statutory definition of fitness to practise. However, the NMC has defined fitness to practise as a registrant's suitability to remain on the register unrestricted.

## **Representations on impairment**

The NMC requires the panel to bear in mind its overarching objective to protect the public and the wider public interest. This included the need to declare and maintain proper standards and maintain public confidence in the profession and in the NMC as a regulatory body. The panel has referred to the cases of *Council for Healthcare Regulatory Excellence* v (1) Nursing and Midwifery Council (2) Grant [2011] EWHC 927 (Admin).

The panel accepted the advice of the legal assessor which included reference to a number of relevant judgments. These included: *Roylance v General Medical Council (No 2)* [2000] 1 A.C. 311, *Nandi v GMC* [2004] EWHC 2317 (Admin), and *GMC v Meadow* [2007] QB 462 (Admin).

#### Decision and reasons on impairment

The panel was of the view that Miss Smith's actions did fall significantly short of the standards expected of a registered nurse, and that Miss Smith's actions amounted to a breach of the Code. Specifically:

## '1 Treat people as individuals and uphold their dignity

## To achieve this, you must:

1.4 make sure that any treatment, assistance or care for which you are responsible is delivered without undue delay

3 Make sure that people's physical, social and psychological needs are assessed and responded to

#### To achieve this, you must:

3.4 act as an advocate for the vulnerable, challenging poor practice and discriminatory attitudes and behaviour relating to their care

15 Always offer help if an emergency arises in your practice setting or anywhere else

#### To achieve this, you must:

15.2 arrange, wherever possible, for emergency care to be accessed and provided promptly

## 17 Raise concerns immediately if you believe a person is vulnerable or at risk and needs extra support and protection

#### To achieve this, you must:

17.1 take all reasonable steps to protect people who are vulnerable or at risk from harm, neglect or abuse

#### 20 Uphold the reputation of your profession at all times

#### To achieve this, you must:

20.1 keep to and uphold the standards and values set out in the Code

20.4 keep to the laws of the country in which you are practising

20.5 treat people in a way that does not take advantage of their vulnerability or cause them upset or distress'

In coming to its decision, the panel had regard to the Fitness to Practise Library, updated on 27 March 2023, which states:

'The question that will help decide whether a professional's fitness to practise is impaired is:

"Can the nurse, midwife or nursing associate practise kindly, safely and professionally?"

If the answer to this question is yes, then the likelihood is that the professional's fitness to practise is not impaired.'

Nurses occupy a position of privilege and trust in society and are expected at all times to be professional and to maintain professional standards. Patients and their families must be able to trust nurses with their lives and the lives of their loved ones. To justify that trust, nurses must act with integrity. They must make sure that their conduct at all times justifies both their patients' and the public's trust in the profession.

In this regard the panel considered the judgment of Mrs Justice Cox in the case of CHRE v NMC and Grant in reaching its decision. In paragraph 74, she said:

'In determining whether a practitioner's fitness to practise is impaired by reason of misconduct, the relevant panel should generally consider not only whether the practitioner continues to present a risk to members of the public in his or her current role, but also whether the need to uphold proper professional standards and public confidence in the profession would be undermined if a finding of impairment were not made in the particular circumstances.'

In paragraph 76, Mrs Justice Cox referred to Dame Janet Smith's "test" which reads as follows:

'Do our findings of fact in respect of the doctor's misconduct, deficient professional performance, adverse health, conviction, caution or determination show that his/her/their fitness to practise is impaired in the sense that S/He/They:

- a) has in the past acted and/or is liable in the future to act so as to put a patient or patients at unwarranted risk of harm; and/or
- b) has in the past brought and/or is liable in the future to bring the medical profession into disrepute; and/or
- c) has in the past breached and/or is liable in the future to breach one of the fundamental tenets of the medical profession; and/or

d) ...

The panel finds that limbs a, b, and c are engaged and that Miss Smith's conviction had breached the fundamental tenets of the nursing profession and therefore brought its reputation into disrepute. Miss Smith failed to act when a child was put at considerable risk and should have sought medical attention immediately. The panel consider that Miss Smith's lack of insight and any evidence of remediation means that the risk of repetition remains and therefore places patients at risk of harm.

A member of the public in full possession of the facts would be concerned if a registered nurse acted in this manner and failed to safeguard a child. The panel considered that Miss Smith's conviction would bring the profession into disrepute with a severe impact on public confidence.

Regarding insight, the panel considered that Miss Smith although having provided a reflective piece for a possible earlier process has not shown sufficient insight, remorse or demonstrated a strengthening of practice. The panel noted that there has been no engagement by Miss Smith with the regulatory process in regards to this meeting.

The panel considered that the conviction resulted from [PRIVATE]. The panel therefore decided that a finding of impairment is necessary on the grounds of public protection.

The panel bore in mind that the overarching objectives of the NMC are to protect, promote and maintain the health safety and well-being of the public and patients, and to uphold/protect the wider public interest, which includes promoting and maintaining public confidence in the nursing and midwifery professions and upholding the proper professional standards for members of those professions.

The panel considered that given a conviction of this nature, the public would be shocked if a registered nurse was not found impaired given the serious nature of conviction. The panel determined that, in this case, a finding of impairment on public interest grounds was required.

Having regard to all of the above, the panel was satisfied that Miss Smith's fitness to practise is currently impaired.

## Sanction

The panel has considered this case very carefully and has decided to make a striking-off order. It directs the registrar to strike Miss Smith off the register. The effect of this order is that the NMC register will show that Miss Smith has been struck-off the register.

In reaching this decision, the panel has had regard to all the evidence that has been adduced in this case and had careful regard to the Sanctions Guidance (SG) published by the NMC. The panel accepted the advice of the legal assessor.

#### **Representations on sanction**

The panel noted that in the Notice of Meeting, dated 15 April 2024, the NMC had advised Miss Smith that it would seek the imposition of a striking-off order if it found Miss Smith's fitness to practise currently impaired.

The panel also bore in mind Miss Smith made no written submissions on a possible sanction.

#### Decision and reasons on sanction

Having found Miss Smith's fitness to practise currently impaired, the panel went on to consider what sanction, if any, it should impose in this case. The panel has borne in mind that any sanction imposed must be appropriate and proportionate and, although not intended to be punitive in its effect, may have such consequences. The panel had careful regard to the SG. The decision on sanction is a matter for the panel independently exercising its own judgement.

The panel took into account the following aggravating features:

- The criminal offence which Miss Smith was convicted of is serious
- Miss Smith has been placed on the DBS Barring lists for both children and adults
- Miss Smith has shown no insight
- Miss Smith has shown no evidence of remediation
- [PRIVATE]
- Substantial delay in taking a child to Emergency Care

The panel also took into account the following mitigating features:

• Miss Smith plead guilty to the criminal charges

The panel first considered whether to take no action but concluded that this would be inappropriate in view of the seriousness of the case. The panel decided that it would be neither proportionate nor in the public interest to take no further action.

It then considered the imposition of a caution order but again determined that, due to the seriousness of the case, and the public protection issues identified, an order that does not restrict Miss Smith's practice would not be appropriate in the circumstances. The SG states that a caution order may be appropriate where 'the case is at the lower end of the spectrum of impaired fitness to practise and the panel wishes to mark that the behaviour was unacceptable and must not happen again.' The panel considered that Miss Smith's conviction was not at the lower end of the spectrum and that a caution order would be inappropriate in view of the seriousness of the case. The panel decided that it would be neither proportionate nor in the public interest to impose a caution order.

The panel next considered whether placing conditions of practice on Miss Smith's registration would be a sufficient and appropriate response. The panel is of the view that there are no practical or workable conditions that could be formulated, given the nature of the charges in this case. Furthermore, the panel concluded that the placing of conditions on Miss Smith's registration would not adequately address the seriousness of this case and would not protect the public.

The panel then went on to consider whether a suspension order would be an appropriate sanction. The SG states that suspension order may be appropriate where some of the following factors are apparent:

- A single instance of misconduct but where a lesser sanction is not sufficient;
- No evidence of harmful deep-seated personality or attitudinal problems;
- No evidence of repetition of behaviour since the incident;

The conduct, as highlighted by the facts found proved, was a significant departure from the standards expected of a registered nurse. The panel noted that the serious breach of the fundamental tenets of the profession evidenced by Miss Smith's actions is fundamentally incompatible with Miss Smith remaining on the register.

In this particular case, the panel determined that a suspension order would not be a sufficient, appropriate or proportionate sanction.

Finally, in looking at a striking-off order, the panel took note of the following paragraphs of the SG:

- Do the regulatory concerns about the nurse or midwife raise fundamental questions about their professionalism?
- Can public confidence in nurses and midwives be maintained if the nurse or midwife is not removed from the register?
- Is striking-off the only sanction which will be sufficient to protect patients, members of the public, or maintain professional standards?

Miss Smith's actions were significant departures from the standards expected of a registered nurse and are fundamentally incompatible with her remaining on the register. The panel was of the view that the findings in this particular case demonstrate that Miss Smith's actions were serious and to allow her to continue practising would undermine public confidence in the profession and in the NMC as a regulatory body.

Balancing all of these factors and after taking into account all the evidence before it during this case, the panel determined that the appropriate and proportionate sanction is that of a striking-off order. Having regard to the matters it identified, in particular the effect of Miss Smith's actions in bringing the profession into disrepute by adversely affecting the public's view of how a registered nurse should conduct herself, the panel has concluded that nothing short of this would be sufficient in this case.

The panel considered that this order was necessary to mark the importance of maintaining public confidence in the profession, and to send to the public and the profession a clear message about the standard of behaviour required of a registered nurse.

This will be confirmed to Miss Smith in writing.

## Interim order

As the striking-off order cannot take effect until the end of the 28-day appeal period, the panel has considered whether an interim order is required in the specific circumstances of this case. It may only make an interim order if it is satisfied that it is necessary for the protection of the public, is otherwise in the public interest or in Miss Smith's own interests until the striking-off sanction takes effect. The panel heard and accepted the advice of the legal assessor.

## Representations on interim order

The panel took account of the representations made by the NMC that an interim suspension order of 18 months was necessary to cover any potential appeal period.

## Decision and reasons on interim order

The panel was satisfied that an interim order is necessary for the protection of the public and is otherwise in the public interest. The panel had regard to the seriousness of the facts found proved and the reasons set out in its decision for the substantive order in reaching the decision to impose an interim order.

The panel concluded that an interim conditions of practice order would not be appropriate or proportionate in this case, due to the reasons already identified in the panel's determination for imposing the substantive order. The panel therefore imposed an interim suspension order for a period of 18 months due to cover any potential appeal period.

If no appeal is made, then the interim suspension order will be replaced by the substantive striking off order 28 days after Miss Smith is sent the decision of this hearing in writing.

That concludes this determination.